

FRENCH QUARTER BUFFET 23.95

Eggs to Order, Smoked Bacon & Sausage, Stone Ground Grits,
Oatmeal Bar, Yogurt Parfait, Granola, Breakfast Potatoes, Belgian Waffles,
Buttermilk Biscuits & Gravy, Assorted Breakfast Pastries, Breads & Bagels,
Fresh Juice, Fresh Fruit & Berries

Coffee & Juice Included

SUPERFOODS

Irish Channel Oatmeal 10.25

steel cut oatmeal served with cane syrup, brown sugar and golden raisins

add fresh berries 4

Salmon Platter 24

house salmon rilette, smoked salmon, cucumbers, capers shaved red onion, tomatoes, everything bagel

Granola Parfait 12

fresh granola, greek yogurt, mixed berries, local honey

Avocado Toast 16.25

9 grain toast, avocado spread, cherry tomatoes, farmer's cheese micro-greens, and chipotle powder

add poached eggs 3.50

add smoked salmon 6

Breakfast Quinoa 12

blonde quinoa slow cooked in coconut milk with local honey served with assorted berries

Spanish Frittata 19

egg whites, baby spinach, fire roasted red peppers, wild mushrooms manchego cheese

our superfoods breakfast menu features revitalizing dishes made from powerhouse ingredients rich in nutrients, antioxidants and delicious taste so you can start your day feeling recharged

[restore balance to your morning !\[\]\(5a351309c3b87e4420622c1f0e57efc0_img.jpg\)](#)

INVIGORATE

Bakery Basket 8

Chef's daily selection of assorted pastries

Grits 8

stone ground grits with white cheddar

Breakfast Bread 5

white, whole wheat, rye, or nine grain toast
white or wheat bagel; english muffin

Field Grown Berries 8

assorted local berries

SIGNATURE OFFERINGS

Eggs Your Way 16

2 eggs, bacon, sausage or chicken apple sausage with homefries

Cochon Benedict 22

slow roasted pulled pork, buttermilk biscuits, spicy collard greens creole mustard hollandaise served with home fries

Acadian Breakfast 18

house made boudin links, creamy heirloom cheese grits sunny side egg

Cajun Omelet 22

andouille, crawfish tails, bell peppers, onions, cheddar creole mustard hollandaise served with homefries

Full Stack 16

5 buttermilk pancakes served with maple syrup

add blueberries, bananas, or chocolate chips 3

Southern Benedict 24

cornmeal crusted fried green tomatoes, jumbo lump crab grilled asparagus, Crystal hot sauce hollandaise, home fries

Banana Foster Pain Perdue 21

brioche, banana foster rum sauce, creme anglaise strawberries, and blueberries

Croque Madame 16

griddled ham, mornay sauce, gruyere cheese, sourdough bread sunny side egg, and truffle fries

CAFÉ

Starbucks Coffee 5

regular, decaffeinated, iced

Espresso 5

regular, decaffeinated

Cappucino/Latte 6

espresso & choice of steamed milk
add a flavor 1

Bottled Water 3

aquafina
sparkling water 4

Milk 5

fat free, 2%, whole, soy

Fruit/Vegetable Juice 5

oj, cranberry, apple, tomato, v8
grapefruit

LIBATIONS

Top it off

mimosa/bellini 10

Bottomless Champagne

brut 18

add a 9oz.caraffe of oj 6

Juices

Celery, Cucumber, Lime,
Coconut Water 10

Watermelon, Basil 8

Smoothies

Strawberry, Banana
Goji Berry, Coconut Milk 8

Kale, Spinach, Banana
Mango, Cinnamon 8